



The Johns Hopkins Hospital Patient Information

08/2011  
Urology Clinic

## Discharge Instructions for Prostate Biopsy

Revised/ Reviewed

Place Patient Label Here

Follow-up Appointment:	Please call 410-955-6100 to make an appointment in _____ with Dr. _____.
What you might experience after you prostate biopsy:	Blood-tinged urine with/without clots for 24-72 hours. Blood in the stool for 24-72 hours. Blood in the ejaculate for 4-6 weeks.
When to call your doctor:	Call your doctor <b>immediately</b> if you experience any of the following: You are unable to urinate in 6-8 hours after the biopsy. Fever above 101 degrees (F) Chills Passing excessive clots in urine or stool Persistent blood in the urine for more than three days. Contact your doctor or call the Urology Clinic at 410-955-3801 between 8am -5pm Monday –Friday. Otherwise, call 410-955-6070 and ask for the urologist-on-call.
Activity:	Resume normal diet. Take antibiotics as prescribed. Resume aspirin 3 days after biopsy if you do not see blood in your urine. Drink 6-8 glasses of water/juice the rest of the day to dilute the urine and to prevent clot formation. No alcoholic beverages for 24 hours after your biopsy. No straining or heavy lifting for 5 days after your biopsy.
Provider name:	
Specimens sent:	
	<b>The patient verbalizes understanding of these instructions</b> <input type="checkbox"/>
Patient signature/date:	
Nurse signature/date:	